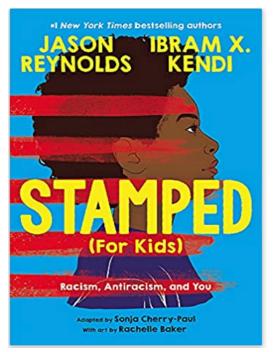
## Stamped (For Kids): Racism, Antiracism and You

## Adapted by Sonja Cherry-Paul

This book looks at history, shares where racist ideas have come from, and how "the story of us" may have been built on the hurting of others. Read the Preface to learn more about why the author wrote this book and how she set it up. When reading the chapters, at the "Let's Pause" places, use these as an opportunity to share and reinforce what you as a parent believes.

• Ch. 1: When Zurara claims enslaving people was God's plan, use this as an opportunity to share that Jesus' commandment to love each other as he loved us is a contradiction



to Zurara's claim. Would God and based on God's call to love, believe in hurting others, ripping them from their families, and using others for selfish greed, want that?

What beliefs surprise you? How do people create stories in their head to justify something bad they want to do or did do?

- Ch 2: It is hard to talk to our children about our country being built on stolen land and stolen lives, but if we are not willing to talk about the truth of history, then we can never grow and learn from it. That was not us, but it is the history of our ancestors and our country. Talk about this and share if this makes you feel uncomfortable.
- Ch 3: On p. 21, it defines what a "racist idea" is. Talk about this. Are there any racist ideas around your child? What does it feel like when someone thinks you are "worse" than them because of your hair or skin or gender?
- Ch 4: How does learning about the founding fathers "help you understand the truth of today and to make different choices?"
- Ch 5: How would you feel being told by your school that you would have to change everything about you to fit in, attend school, and make



friends? How would you feel about yourself? How would you feel about the friends you made, pretending to not be you?

• Ch 6: "Go back to where you came from" is used some today, by people who do not understand what they are saying. Talk about where your family comes from (unless you are Native American, your family at one time came to the USA.) What would it be like to have to suddenly move to that country without knowing the language and customs?

